

**Adrienne Johnson**  
**Health and Human Physiology**  
Curriculum Vitae as of January 11, 2024

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## EDUCATION AND PROFESSIONAL HISTORY

### Higher Education

2014 MA, Leisure Studies, University of Iowa  
**Supporting Areas / Minor:** Therapeutic Recreation  
2005 BS, Leisure Studies, University of Iowa  
**Supporting Areas / Minor:** Therapeutic Recreation/English

### Professional and Academic Positions

2022 - Present **Associate Professor of Instruction**, Health and Human Physiology, University of Iowa  
2015 - 2022 **Lecturer**, Health and Human Physiology, University of Iowa

### Licensures and Certifications

2024 **Animal-Assisted Crisis Response Certification**, Pet Partners  
2022 **Certified Animal Handler**, Pet Partners  
2010 **Cancer Exercise Specialist**, Rocky Mountain Cancer Rehabilitation Institute  
2008 **Certified Therapeutic Recreation Specialist**, National Council for Therapeutic Recreation Certification

### Honors and Awards

2021 **Special Olympics Iowa Inclusion Ambassador**, Special Olympics Iowa  
2019 **Council on Teaching Higher Education Travel Award**, University of Iowa  
2019 **Alpha Chi Omega Faculty Appreciation**, Alpha Chi Omega

### Memberships

2022 – Present Pet Partners  
2021 - Present The Academy of Leisure Sciences  
2019 - Present Interdisciplinary Research Group on the Inclusive Leisure Experience (GIREIL)  
2017 - Present Canadian Association for Leisure Studies  
2014 - Present Iowa Therapeutic Recreation Association

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## TEACHING

### Courses Taught at the University of Iowa

Term	Course#	Title	Ten-Day Enrollment	Final Enrollment
Spring 2024	TR:4190:0001	Preinternship Seminar	9	9
Spring 2024	TR:3262:0001	Therapeutic Recreation Administration	19	19
Spring 2024	TR:4191:0002	Therapeutic Recreation Internship	6	6
Spring 2024	TR:4191:0001	Therapeutic Recreation Internship	3	3

<b>Term</b>	<b>Course#</b>	<b>Title</b>	<b>Ten-Day Enrollment</b>	<b>Final Enrollment</b>
Winter 2023	TR:4197:0001	Practicum in Therapeutic Recreation: Special Olympics	8	8
Winter 2023	TR:4197:0003	Practicum in Therapeutic Recreation: Special Olympics (co-instructor)	7	7
Winter 2023	SRM:4197:0004	Practicum in Therapeutic Recreation: Special Olympics (co-instructor)	38	38
Fall 2023	TR:3163:0001	Concepts and Issues in Therapeutic Recreation: Professional Advancement	26	26
Fall 2023	URES:1000:0006	First-Year Seminar: Anything is PAWSible: Animal-Assisted Therapy in Human Services	20	20
Fall 2023	TR:4197:0005	Practicum in Therapeutic Recreation: Independent Field Experience in Inclusive Recreation	4	6
Fall 2023	TR:4190:0001	Preinternship Seminar	13	13
Fall 2023	TR:3262:0001	Therapeutic Recreation Administration	14	14
Fall 2023	TR:4191:0001	Therapeutic Recreation Internship	1	1
Summer 2023	TR:4191:0001	Therapeutic Recreation Internship	7	7
Summer 2023	TR:4191:0002	Therapeutic Recreation Internship	4	4
Spring 2023	TR:4190:0001	Preinternship Seminar	15	15
Spring 2023	TR:3262:0001	Therapeutic Recreation Administration	20	20
Spring 2023	TR:4191:0001	Therapeutic Recreation Internship	7	7
Spring 2023	TR:4191:0002	Therapeutic Recreation Internship	7	7
Winter 2022	TR:4197:0001	Practicum in TR: Special Olympics Winter Games (co-taught)	7	6
Winter 2022	TR:4197:0003	Practicum in TR: Special Olympics Winter Games (co-taught)	8	8
Winter 2022	SRM:4197:0004	Sport and Recreation Field Experience: Special Olympics Winter Games (co-taught)	28	28
Fall 2022	URES:1000:0015	First Year Seminar – Anything is PAWSible: Animal Assisted Therapy in Human Services	19	18
Fall 2022	TR:3163:0001	Concepts and Issues in Therapeutic Recreation: Professional Advancement	38	37
Fall 2022	TR:4190:0001	Preinternship Seminar	27	27

<b>Term</b>	<b>Course#</b>	<b>Title</b>	<b>Ten-Day Enrollment</b>	<b>Final Enrollment</b>
Fall 2022	TR:3262:0001	Therapeutic Recreation Administration	18	18
Fall 2022	TR:4191:0001	Therapeutic Recreation Internship	4	4
Summer 2022	TR:4191:0001	Therapeutic Recreation Internship	8	8
Summer 2022	TR:4191:0002	Therapeutic Recreation Internship	8	8
Spring 2022	TR:4190:0001	Preinternship Seminar	29	29
Spring 2022	TR:2061:0001	Recreation Leadership and Programming	19	19
Spring 2022	TR:3262:0001	Therapeutic Recreation Administration	30	30
Spring 2022	TR:4191:0001	Therapeutic Recreation Internship	9	9
Spring 2022	TR:4191:0002	Therapeutic Recreation Internship	11	11
Winter 2021	TR:4197:0003	Practicum in Therapeutic Recreation: Special Olympics Winter Games	16	16
Winter 2021	TR:4197:0004	Practicum in Therapeutic Recreation: Special Oympics Winter Games	4	4
Fall 2021	TR:4190:0001	Preinternship Seminar	25	25
Fall 2021	TR:1061:0001	Recreation Leadership and Programming	33	32
Fall 2021	TR:3262:0EXW	Therapeutic Recreation Administration	25	25
Fall 2021	TR:4191:0001	Therapeutic Recreation Internship	6	6
Summer 2021	TR:4191:0001	Therapeutic Recreation Internship	8	8
Summer 2021	TR:4191:0002	Therapeutic Recreation Internship	8	8
Spring 2021	TR:4190:0001	Preinternship Seminar	23	21
Spring 2021	TR:1061:0001	Recreation Leadership and Programming	33	31
Spring 2021	TR:3262:0001	Therapeutic Recreation Administration	31	30
Spring 2021	TR:4191:0001	Therapeutic Recreation Internship	8	8
Spring 2021	TR:4191:0003	Therapeutic Recreation Internship	7	8
Fall 2020	TR:4190:0001	Preinternship Seminar	23	24
Fall 2020	TR:1061:0001	Recreation Leadership and Programming	30	33
Fall 2020	TR:3262:0001	Therapeutic Recreation Administration	22	22

Term	Course#	Title	Ten-Day Enrollment	Final Enrollment
Fall 2020	TR:4191:0001	Therapeutic Recreation Internship	9	9
Summer 2020	TR:4191:0001	Therapeutic Recreation Internship	8	8
Spring 2020	TR:4190:0001	Preinternship Seminar	23	23
Spring 2020	TR:1061:0001	Recreation Leadership and Programming	31	31
Spring 2020	TR:3262:0001	Therapeutic Recreation Administration	26	26
Spring 2020	TR:4191:0001	Therapeutic Recreation Internship	10	10
Spring 2020	TR:4191:0002	Therapeutic Recreation Internship	10	10
Spring 2020	TR:4191:0003	Therapeutic Recreation Internship	8	8
Winter 2019	TR:4197:0002	Practicum in Therapeutic Recreation	15	15
Fall 2019	TR:1070:0AAA	Perspectives on Leisure and Play	85	85
Fall 2019	TR:4190:0001	Preinternship Seminar	24	24
Fall 2019	TR:1061:0001	Recreation Leadership and Programming	35	35
Fall 2019	TR:3262:0001	Therapeutic Recreation Administration	15	15
Fall 2019	TR:4191:0001	Therapeutic Recreation Internship	9	9

### **Innovations in Teaching (Other Teaching Contributions)**

#### *Design & Implementation of New Courses*

- Dec 2023 - Present **TR:3300:0001 Animal-Assisted Interventions in Helping Professions.** Developing a graduate/undergraduate course designed to provide a comprehensive understanding of the theoretical foundations, ethical considerations, and practical applications of incorporating animals into therapeutic practice settings.
- Aug 2021 – Feb 2022 **URES:1000:0015 First-Year Seminar – Anything is PAWSible: Animal Assisted Interventions in Human Services.** Created an undergraduate, research-based seminar on animal assisted techniques in human services.
- Aug 2019 - Jan 2020 **Therapeutic Recreation Practicum, Section 1 - Special Olympics Winter Games, Alpine Ski Section 2- Special Olympics Winter Games, Cross-Country Ski Section 3 - Special Olympics Winter Games, Snowshoe (co-exists with SRM)**

#### *Extramural Teaching Activities*

- Jan. 2022 – Present **Friday Field Trips/Fun Days.** Plan and offer field experiences, shadowing opportunities, or peer outings to therapeutic recreation and child life students several times throughout the semester. Examples include a field trip to Miracles in Motion, a social TAIL-gate at the dog park, etc.
- Jan 2019 - Jan 2019 **2019 Special Olympics Winter Games Field Trip,** Supervised 22 students on a 3-day experiential field trip to the Special Olympics Winter Games in Dubuque, Iowa. Students planned, implemented, and organized alpine ski events.

***Intramural Teaching Activities***

Jan 2020 – Present	<b>Special Olympics Iowa Winter Games</b> , TR:4197:0003 is a collaborative course offered between Therapeutic Recreation, Sports and Recreation Management, and the Disabilities Studies Certificate. Provides a four-day practicum opportunity in inclusive recreation and event management at the Special Olympics Iowa Winter Games in Dubuque, Iowa.
Jan 2019 - Present	<b>Therapeutic Recreation Administration &amp; Community Agency Partnerships</b> , Students in TR:3262:0001 complete needs assessments with community inclusive and therapeutic recreation programs to create comprehensive program plans
Fall 2015 - Present	<b>Therapeutic Recreation Internship Coordination</b> , Year-round coordination of student interns in therapeutic recreation including coordination of pre-internship experience hours and paperwork, coaching and counseling of current and future student interns, building partnerships with agencies nationwide, establishing affiliation agreements with current and future agencies, risk management and supervision of all student interns
Mar 2021 – May 2022	<b>COVID Recovery Iowa &amp; TR Partnership</b> , Students in TR:1061:0001 plan and implement one month of virtual activities for COVID Recovery Iowa participants. Planned for the month of March.
Jan 2021 – May 2022	<b>Special Recreation Association New Professionals &amp; TR Partnership</b> , Students in TR:1061:0001 shadow and interview young professionals at the Illinois Special Recreation Associations Iowa participants.
Dec 2020 - Dec 2020	<b>University of Iowa TR Program hosts day of 12 Days of Special Olympics Iowa</b> , Students in TR:1061:0001 will plan and implement one day of recreation interventions to be showcased on Special Olympics Iowa's Facebook Live stream. Planned for the finals week.
Mar 2020 - Apr 2020	<b>University of Iowa TR Hosts Special Olympics Iowa Community Health Highlights Week</b> , Students in TR:1061:0001 will plan and implement one week of recreation interventions to be showcased on Special Olympics Iowa's FacebookLive stream. Planned for the week of April 28th.
Dec 2016 – May 2022	<b>Special Olympics Iowa Unified Sports Day</b> , Partner with Special Olympics Iowa as part of curriculum for TR:1061:0001 Recreation Leadership & Programming (fall only). Hosted at University of Iowa Field House.
Apr 2018 – May 2021	<b>Special Olympics Iowa Youth Games</b> , Partner with Special Olympics Iowa to host 70 school-aged children with and without disabilities from across Iowa as part of TR:1061:0001 Recreation Leadership & Programming (spring only). Held at the University of Iowa Hawkeye Recreation Fields.

***Revisions in Existing Courses***

May 2022 – Aug 2022	<b>TR:3163 Concepts and Issues in Therapeutic Recreation: Professional Advancement redesigned as TILE course</b> , Course redesign to transition between instructors, revamped to better meet NCTRC objectives, and transitioned to TILE classroom course.
Aug 2021 – May 2022	<b>TR:3262 Therapeutic Recreation Administration redesigned as TILE course</b> , Course redesign to transition TR:3262 from online course to TILE classroom course.
May 2020 - Aug 2020	<b>TR:3262 Therapeutic Recreation Administration redesigned as online course</b> , Course redesign to transition TR:3262 from in-person to online course.

**Student Mentoring Summary**

Fall 2023	Masters Final Exam Committee, Member, # Students: 9
Fall 2022	Masters Final Exam Committee, Member, # Students: 8
Fall 2021	Masters Final Exam Committee, Member, # Students: 9
Fall 2020	Masters Final Exam Committee, Member, # Students: 9
Fall 2019	Masters Final Exam Committee, Member, # Students: 4
Fall 2018	Masters Final Exam Committee, Member, # Students: 4
Fall 2017	Masters Final Exam Committee, Member, # Students: 5
Spring 2021	Undergraduate Advisor, # Students: 10
Fall 2020	Undergraduate Advisor, # Students: 9
Spring 2020	Undergraduate Advisor, # Students: 27
Fall 2019	Undergraduate Advisor, # Students: 31

## Student Mentoring

### *BS - Internship Coordinator*

Aug 2015 - Present      Coordinate internships, manage pre-internship paperwork, and execute affiliation agreements for approximately 45-65 student interns annually.

### *MS - Supervised Teaching Activity*

Aug 2023 – Dec 2023      Griffiths, Sarah

Jan 2023 – Dec 2023      Brosius, Libby

Aug 2022 – Dec 2022      Freund, Catherine

Jan 2022 – Dec 2022      Parrott, Kinsley

Jan 2022 – May 2022      McElmeel, Megan

Aug 2021 – Dec 2021      Grabski, Amanda

Jan 2021 – Dec 2021      Crouch, Breiana

Jan 2020 – Dec 2020      Doerhmann, Olivia

Aug 2019 - Decr 2019      Gillaspey, Johannah

Aug 2019 - Decr 2019      Masching, Sydney

## SCHOLARSHIP

### Publications

#### *Refereed Articles*

1. Carbonneau, H., Johnson, A., & Reichhart, F. (2021). The inclusive leisure experience beyond the adapted or inclusive leisure dichotomy, *Loisir et Société / Society and Leisure*, 44:2, 137-143.  
DOI: 10.1080/07053436.2021.1935425  
Co-authored introductory article for special issue on international inclusive recreation and assisted in translation from French to English.
2. Mobily, K.E. & Johnson, A. (2021). Disability, belonging, and inclusive leisure, *Loisir et Société / Society and Leisure*, 44:2, 144-154, DOI: 10.1080/07053436.2021.1935429  
Co-author on article for special issue on international inclusive recreation.

### Grants and Contracts

#### *Completed*

Jan 2024 – Jan 2024      *Special Olympics Winter Games In-Kind Donation*  
Funded by Special Olympics Iowa. Award amount: (\$31,920.00). Partnered with Special Olympics Iowa to offer 4-day practicum to 53 students in January 2024. Special Olympics provided a portion of housing, food, and ski rentals/lift tickets for our students and three faculty members in attendance.

- Jan 2023 – Jan 2023 *Special Olympics Winter Games In-Kind Donation*  
Funded by Special Olympics Iowa. Award amount: (\$24,330.00). Partnered with Special Olympics Iowa to offer 4-day practicum to 42 students in January 2023. Special Olympics provided a portion of housing, food, and ski rentals/lift tickets for our students and three faculty members in attendance.
- Jan 2022 – Jan 2022 *Special Olympics Winter Games In-Kind Donation*  
Funded by Special Olympics Iowa. Award amount: (\$18,148.00). Partnered with Special Olympics Iowa to offer a 3-day practicum to 58 students in January 2022. Special Olympics provided a portion of housing, food, and ski rentals/lift tickets for our students and three faculty members in attendance.
- Jan 2020 - Jan 2020 *Special Olympics Winter Games In-Kind Donation*  
Funded by Special Olympics Iowa. Award amount: (\$15,525.00). Partnered with Special Olympics Iowa to offer 3-day practicum to 53 students in January 2020. Special Olympics provided a portion of housing, food, and ski rentals/lift tickets for our students and three faculty members in attendance.
- Jan 2019 - Jan 2019 *Special Olympics Winter Games Field Trip In-Kind Donation*  
Funded by Special Olympics Iowa. Award amount: (\$4,886.00). Partnered with Special Olympics Iowa to offer a 3-day experiential learning field trip to 22 students during January 2019.

## **Invited Lectures and Conference Presentations**

### ***International - Conference Presentation***

- 2019 International Symposium on Inclusive Leisure Experiences, *Moving Beyond the Current State of Inclusive Community Recreation in the United States*, International Network for Inclusive Recreation (GIREIL), Trois-Rivières, Québec, Canada Presenters/Authors: Johnson, Adrienne
- 2019 International Symposium on Inclusive Leisure Experiences, *Outside In? Inclusive Leisure Education and Incarceration*, International Network for Inclusive Recreation (GIREIL), Trois-Rivières, Québec, Canada Presenters/Authors: Johnson, Adrienne
- 2019 International Symposium on Inclusive Leisure Experiences, *Moving Beyond the Current State of Inclusive Community Recreation in the United States*, International Network for Inclusive Recreation (GIREIL), Trois-Rivières, Québec, Canada Peer-Reviewed/Refereed Presenters/Authors: Johnson, Adrienne

### ***International - Workshop***

- 2021 Interdisciplinary Research Group on The Inclusive Leisure Experience (GIREIL) - International Zoom Workshop, International Network for Inclusive Recreation, Trois-Rivières, Québec, Canada (via Zoom)
- 2019 International Symposium on Inclusive Leisure Experiences, *Workshop on the universal design of leisure programming*, International Network for Inclusive Recreation, Trois-Rivières, Québec, Canada Presenters/Authors: Johnson, Adrienne

### ***Regional - Conference Presentation***

- 2023 Midwest Symposium on Therapeutic Recreation, *Using Animal-Assisted Interventions in Therapeutic Recreation*, Kansas City, MO. Presenters/Authors: Johnson, Adrienne
- 2019 Midwest Symposium on Therapeutic Recreation, *Focus Group: Inclusive Recreation*, Kansas City, Missouri Presenters/Authors: Johnson, Adrienne

### ***State - Conference Presentation***

- 2023 2023 IITRA Annual Conference, *Getting Tails to Wag: How to Implement Animal Assisted Therapy at Your Agency*, Iowa Inclusive and Therapeutic Recreation Association. Ankeny, Iowa. Presenter/Author: Johnson, Adrienne.
- 2022 2022 IITRA Annual Conference, *Building an Exceptional Internship Program*, Iowa Inclusive and Therapeutic Recreation Association, Virtual Presentation. Presenter/Author: Johnson, Adrienne

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## SERVICE

### Profession

2021 – Present	Iowa Inclusive and Therapeutic Recreation Association, Eastern Regional Representative
2021 – Present	Iowa Inclusive and Therapeutic Recreation Association, Conference Planning Committee
2019 - Present	Interdisciplinary Research Group on the Inclusive Leisure Experience (GIREIL), Organizer
2017 – Present	International Symposium on Inclusive Leisure Experiences, Scientific Committee, Member
2022 - 2023	World Leisure Journal, Peer Reviewer: 1 article
2019 - 2022	Iowa Inclusive and Therapeutic Recreation Association, Nominations Committee, Chair
2020 - 2021	Iowa Inclusive and Therapeutic Recreation Association, Officer, Past President
2020 - 2021	Iowa Inclusive and Therapeutic Recreation Association, Scholarship Committee, Chair
2020 - 2021	Taylor & Francis, Special Issue on Society and Leisure / Loisir et Société, Reviewer, Publications
2019 - 2021	Taylor & Francis, Special Issue on Society and Leisure / Loisir et Société, Assistant/Co-Editor
2019 - 2020	Iowa Inclusive and Therapeutic Recreation Association, Officer, President
2019 - 2020	Iowa Inclusive and Therapeutic Recreation Association, Conference Planning Committee, Member
2018 - 2019	Iowa Inclusive and Therapeutic Recreation Association, Officer, President-Elect
2018 – 2019	Iowa Inclusive and Therapeutic Recreation Association, Conference Planning Committee, Chair
2018 – 2019	Iowa Inclusive and Therapeutic Recreation Association, By-Laws Committee, Member

### Department

2022 – Present	Disability Studies Certificate Planning Committee, Member
2020 - Present	Health and Human Physiology Strategic Planning Committee, Member
2019 - 2022	Health and Human Physiology Newsletter Committee, Member
2019 - 2022	Health and Human Physiology Instructional Track Faculty Committee, Member

### University

2023 - Present	Monthly Therapy Animal Visits with UIHC Medical Residency Program
2019 - Present	A Moment of Magic Student Organization, Faculty Advisor
2015 - Present	Special Olympics Student Organization, Faculty Advisor

### Division

2020 – 2021	Inclusive Recreation Track Development, Committee Chair
2015 - 2020	Therapeutic Recreation Undergraduate Application Committee, Member

### Community

2023 – Present	Read with Me, Volunteer with local school districts to support and encourage student literacy and reading programs by partnering with Therapy Animals
2023 – Present	Pet Partners, Certified Therapy Animal Team
2019 - Present	Special Olympics Iowa, East Central Area Games Committee, Member, Serve as volunteer coordinator and committee member
2015 - Present	Special Olympics Iowa, Winter Games Committee, Event Director
2021 – 2022	Girls on the Run, Solon Chapter, Organizer
2020 - 2022	COVID Recovery Iowa – Inclusive for All, Consultant
2016 - 2019	Special Olympics Iowa, Mid-Winter Tournament Committee, Member

### Professional Development Activities

2024	KOGNITO: Suicide Prevention, Faculty/Staff, University of Iowa
2023	BUILD: Making the Paradigm Shift – From Diversity to Diversity, Equity, and Inclusion, University of Iowa
2023	BUILD: A Closer Look at Race in U.S., University of Iowa



- 2022 Training/Development Program, BUILD: Neurodiversity – Current Conversations, The University of Iowa
- 2022 Conference Attendance, IITRA 2022 Annual Conference, Iowa Inclusive and Therapeutic Recreation Association (IITRA)
- 2022 Training/Development Program, First Amendment Training, The University of Iowa
- 2022 Conference Attendance, The Academy of Leisure Sciences 2022 Annual Conference on Research And Teaching, TALS
- 2021 Training/Development Program, BUILD: Across the Generations, The University of Iowa
- 2021 Training/Development Program, BUILD: For the Long Haul – Increasing your Stamina while Doing Justice Work, The University of Iowa
- 2021 Conference Attendance, IITRA 2021 Annual Conference, Iowa Inclusive and Therapeutic Recreation Association (IITRA)
- 2021 Conference Attendance, TALS 2021 Virtual Conference, TALS
- 2021 Training/Development Program, Using ICON to Deliver a Well-Structured Course, University of Iowa
- 2021 Training/Development Program, Technology Tools for Gathering Student Feedback, University of Iowa
- 2021 Training/Development Program, Cornerstones for Course Design, University of Iowa
- 2020 Training/Development Program, Class/Socioeconomic Status, University of Iowa
- 2020 Conference Attendance, Adaptive Sports Summit, Adaptive Sports Iowa
- 2020 Training/Development Program, LEND Seminar - ASD, Identity & Gender Dysphoria: When is it about Gender?
- 2019 Conference Attendance, International Symposium on Inclusive Leisure Experiences, International Network on Inclusive Recreation, A group of researchers from Canada, the United States and France organized an international symposium that brings together researchers and practitioners who share an interest in inclusive leisure for persons with disabilities. The event is part of this growing concern about the urgency of supporting access by people with disabilities to inclusive leisure experiences in the same way as other citizens.
- 2019 Conference Attendance, Adaptive Sports Summit, Adaptive Sports Iowa, A day of networking, round-table discussions, and guest speakers. Organizations from all across Iowa gather together to share, plan, and develop strategies in order to help Iowans with disabilities.
- 2019 Training/Development Program, BUILD: Understanding your Whiteness to Become Better Allies, The University of Iowa
- 2019 Conference Attendance, Midwest Symposium on Therapeutic Recreation, The University of Iowa
- 2019 Conference Attendance, IITRA 2019 Annual Conference, Iowa Inclusive and Therapeutic Recreation Association (IITRA)