

SKILLS

Energetic.Motivating.Engaging.Moral Fortitude.Innovative.Critical Thinking. Educating. Communication.Relationship Building.Collaboration.Professionalism. Curriculum Design.

EXPERIENCE

Itasca Community College: Grand Rapids, MN– Recruiting & Retention Specialist

May 2019– CURRENT

- STEM Recruiting, Academic Advising, Student-Athlete Advising, Athletic Department Recruiting, STEM Recruiting & Advising, Community Outreach, and STEM outreach analytic analysis

Itasca Community College: Grand Rapids, MN– Head Wrestling Coach

May 2019– CURRENT

- NJCAA National Coach of the Year
- Set program records in; Student retention rate, student eligibility rate, Team GPA, Team roster size, team community service hours, and number of National Qualifiers

ISD316: Coleraine, MN– Phy Ed/ Health Ed Teacher

August 2018– August 2021

- Department Head of Physical Education and Health Education Program, Health Career Pathway Board Member... Wrote and Taught over 18 courses– Coaching & Leadership in Sports, Personal Training/ Kinesiology, Mental Health, Drugs in Society, Body Sculpting, and more (taught and wrote over 18 courses)

Dakota Boys & Girls Ranch: Fargo, ND– Adolescent Trauma Counselor

Fargo Public School District: Fargo, ND– Substitute Teacher

West Fargo Public School District: West Fargo, ND– Substitute Teacher

EDUCATION

University of Florida: Gainesville, FL– M.S Sport Management (Specialization in High-Performance Training)

Summer 2020– Spring 2023

North Dakota State University: Fargo, ND– B.S Physical Education, B.S Health Education w/ minor in Psychology and coaching certification

Fall 2013– Spring 2018

International Sports Science Association– Personal Training Certification, Nutrition Consulting, and Strength Training

[Links for More Information:](#)

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References:

-Justin Lamppa, MS. in Physical Education- Athletic Director at Itasca College

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-Alexander LaPierre- Director of Campus Store/ Assistant Wrestling Coach at Itasca College

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-Joe Deutsch, Ph. D Physical Education- Physical Education Professor & Physical Education Advisor at North Dakota State University

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