

**Michael J. Winker**  
**Health and Human Physiology**  
Report includes January 1, 1950 to August 1, 2024  
Curriculum Vitae as of August 1, 2024

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## **EDUCATION AND PROFESSIONAL HISTORY**

### **Higher Education**

1999 **MA**, University of Iowa  
1988 **BA**, History, Mount Mercy University  
**Supporting Areas / Minor:** Secondary Education

### **Professional and Academic Positions**

2016 - Present **Lecturer**, HHP, University of Iowa  
1998 - 2016 **Activities Director**, Cedar Rapids Xavier High School  
1993 - 1998 **Director of Athletics**, Cedar Rapids, Regis High School  
1990 - 1993 **Teacher/Coach**, Cedar Rapids Regis High School  
1989 - 1990 **Teacher**, Cedar Rapids St. Jude School

### **Licensures and Certifications**

2023 **Evaluator Approval of Coaches**, Iowa Board of Educational Examiners. Completion of this Authorization certifies me to evaluate high school coaches in the State of Iowa until 2028.

2023 **Master Educator, Iowa Board of Educational Examiners.** This certification updated my license for administration of grades 7-12 in the State of Iowa until 2028 by the Iowa Board of Education.

2023 **Coaching Endorsement**, Iowa Board of Educational Examiners. Completion of this endorsement updated my coaching authorization until 2028 by the Iowa *Board of Education* Examiners.

2018 **Certified Athletic Administrator**, National Interscholastic Athletic Administrators Association. National certified as a High School Athletics Administrator.

2016 **Mandatory Reporter: Child and Dependent Adult Abuse**, Area Education Association

2016 **Coaching Endorsement**, Iowa Board of Educational Examiners

2016 **Master Educator**, Iowa Board of Educational Examiners

2016- Present **Concussion In Sports**, National Federation of High Schools. This course needs to be completed each academic year to “coach” high school athletics in the State of Iowa.

**Honors and Awards**

2021	<b>Hall of Fame</b> , Iowa High School Athletic Directors Association
2020	<b>School Administrator of the Year Award</b> , Iowa High School Athletic Association
2018	<b>Hall of Fame</b> , Cedar Rapids Xavier High School
2016	<b>Iowa Fine Arts Athletic Director of the Year</b> , Iowa High School Speech Association
2006	<b>District Athletic Director of the Year</b> , Iowa High School Athletic Directors Association

**Memberships**

1998 - Present	National Interscholastic Athletic Administrators Association
1993 - Present	Iowa High School Athletic Directors Association

**TEACHING****Courses Taught at the University of Iowa**

<b>Term</b>	<b>Course#</b>	<b>Title</b>	<b>Ten-Day Enrollment</b>	<b>Final Enrollment</b>
Spring 2024	SRM:3148:OEXW	Activities & Athletics Administration	43	43
Spring 2024	SRM:3157:0001	Managerial Operations in Sport and Rec	40	39
Spring 2024	SRM:3157:OEXW	Managerial Operations in Sport and Rec	41	40
Spring 2024	SRM:3800:OEXW	Sport Law for Interscholastic AD	40	39
Spring 2024	SRM:4196:0001	Interscholastic Athl Admin Field Exp	10	9
Fall 2023	SRM:3148:OEXW	Activities & Athletics Administration	40	40
Fall 2023	SRM:4196:0001	Interscholastic Athl Admin Field Exp	10	8
Fall 2023	SRM:3157:OEXW	Managerial Operations in Sport and Rec	40	37
Fall 2023	SRM:3157:0001	Managerial Operations in Sport and Rec	40	40
Summer 2023	SRM:4196:0001	Interscholastic Athl Admin Field Exp	4	4
Summer 2023	SRM:4199:0005	#UISRMatwork	14	12
Spring 2023	SRM:3148:OEXW	Activities & Athletics Administration	40	39
Spring 2023	SRM:3157:0001	Managerial Operations in Sport and Rec	40	39
Spring 2023	SRM:3157:OEXW	Managerial Operations in Sport and Rec	41	40
Spring 2023	SRM:3800:OEXW	Sport Law for Interscholastic AD	23	21
Spring 2023	SRM:4196:0001	Interscholastic Athl Admin Field Exp	9	9
Fall 2022	SRM:3148:OEXW	Activities & Athletics Administration	40	38
Fall 2022	SRM:4196:0001	Interscholastic Athl Admin Field Ex	10	6

Fall 2022	SRM:3800:OEXW	Sport Law for Interscholastic AD	18	16
Fall 2022	SRM:3157:0001	Managerial Operations in Sport and Rec	40	38
Summer 2022	SRM:3149:OEXW	Coaching Theory, Body Struc & Human Dev	20	18
Summer 2022	SRM:4196:0001	Interscholastic Athl Admin Field Exp	7	7
Summer 2022	SRM:4199:Smr22	#UISRMatwork	11	11
Spring 2022	SRM:3148:OEXW	Activities & Athletics Administration	40	40
Spring 2022	SRM:3800:OEXW	Sport Law for Interscholastic AD	39	39
Spring 2022	SRM:3157:OEXW	Managerial Operations in Sport and Rec	38	38
Spring 2022	SRM:3157:0001	Managerial Operations in Sport and Rec	39	39
Spring 2022	SRM:4196:0001	Interscholastic Athl Admin Field Exp	8	8
Fall 2021	SRM:3148:OEXW	Activities & Athletics Administration	38	38
Fall 2021	SRM:3157:OEXW	Managerial Operations in Sport and Rec	37	37
Fall 2021	SRM:3157:0001	Managerial Operations in Sport and Rec	38	38
Fall 2021	SRM:4196:0001	Interscholastic Athl Admin Field Experience	15	15
Summer 2021	SRM:4199:0003	Ind Sport & Recreation Field Experience	20	20
Summer 2021	SRM:4196:0001	Interscholastic Athl Admin Field Exp	5	5
Spring 2021	SRM:3148:0EXW	Activities & Athletics Administration	50	50
Spring 2021	SRM:3157:0EXW	Managerial Operations in Sport and Rec	52	52
Spring 2021	SRM:3157:1	Managerial Operations in Sport and Rec	43	43
Spring 2021	SRM:3800:0EXW	Sport Law for Interscholastic AD	41	41
Fall 2020	SRM:3148:0EXW	Activities & Athletics Administration	42	46
Fall 2020	SRM:4199:0004	Ind Sport & Recreation Field Experience	16	16
Fall 2020	SRM:4196:0001	Interscholastic Athl Admin Field Exp	7	7
Fall 2020	SRM:3157:0001	Managerial Operations in Sport and Rec	44	47
Fall 2020	SRM:3157:0EXW	Managerial Operations in Sport and Rec	51	61
Summer 2020	SRM:3172:0EXW	Finance in Sport and Recreation	17	18
Spring 2020	SRM:3148:0EXW	Activities & Athletics Administration	40	40

Spring 2020	SRM:4196:0001	Interscholastic Athl Admin Field Exp	11	11
Spring 2020	SRM:4196:0EXW	Interscholastic Athl Admin Field Exp	1	1
Spring 2020	SRM:3157:0001	Managerial Operations in Sport and Rec	40	40
Spring 2020	SRM:3157:0EXW	Managerial Operations in Sport and Rec	40	40
Spring 2020	SRM:4197:0012	Sport and Recreation Field Experience	11	11
Spring 2020	SRM:3800:0EXW	Sport Law for Interscholastic AD	33	33
Fall 2019	SRM:3148:0EXW	Activities & Athletics Administration	38	38
Fall 2019	SRM:3157:0001	Managerial Operations in Sport and Rec	39	39
Fall 2019	SRM:3157:0EXW	Managerial Operations in Sport and Rec	40	40
Fall 2019	SRM:4197:0012	Sport and Recreation Field Experience	24	24
Fall 2019	SRM:3800:0EXW	Sport Law for Interscholastic AD	20	20
Summer 2019	SRM:3172:0EXW	Finance in Sport and Recreation	17	20
Summer 2019	SRM:4197:0012	Sport and Recreation Field Experience	18	18
Spring 2019	SRM:3148:0EXW	Activities & Athletics Administration	39	39
Spring 2019	SRM:3172:0EXW	Finance in Sport and Recreation	41	41
Spring 2019	SRM:3157:0001	Managerial Operations in Sport and Rec	41	41
Spring 2019	SRM:4197:0012	Sport and Recreation Field Experience	24	24
Spring 2019	SRM:3800:0EXW	Sport Law for Interscholastic AD	27	27
Fall 2018	SRM:3148:0001	Activities & Athletics Administration	41	40
Fall 2018	SRM:3157:0001	Managerial Operations in Sport and Rec	39	38
Fall 2018	SRM:4197:0012	Sport and Recreation Field Experience	24	24
Fall 2018	SRM:3800:0EXW	Sport Law for Interscholastic AD	24	21
Summer 2018	SRM:3172:0EXW	Finance in Sport and Recreation	28	27
Summer 2018	SRM:4197:0012	Sport and Recreation Field Experience	17	17
Spring 2018	SRM:3148:0EXW	Activities & Athletics Administration	39	39
Spring 2018	SRM:3172:0EXW	Finance in Sport and Recreation	39	37
Spring 2018	SRM:3157:0001	Managerial Operations in Sport and Rec	43	42

Spring 2018	SRM:4197:0012	Sport and Recreation Field Experience	26	25
Spring 2018	SRM:3800:0EXW	Sport Law for Interscholastic AD	23	22
Fall 2017	SRM:3148:0EXW	Activities & Athletics Administration	40	38
Fall 2017	SRM:3172:0EXW	Finance in Sport and Recreation	38	38
Fall 2017	SRM:3157:0001	Managerial Operations in Sport and Rec	41	40
Fall 2017	SRM:4197:0012	Sport and Recreation Field Experience	19	19
Fall 2017	SRM:3800:0EXW	Sport Law for Interscholastic AD	22	22
Spring 2017	SRM:3148:0EXW	Activities & Athletics Administration	39	38
Spring 2017	SRM:3172:0EXW	Finance in Sport and Recreation	42	40
Spring 2017	SRM:4197:0006	Sport and Recreation Field Experience	22	22
Spring 2017	SRM:4197:0012	Sport and Recreation Field Experience	17	16
Spring 2017	SRM:3800:0EXW	Sport Law for Interscholastic AD	25	25
Fall 2016	SRM:3148:100	Activities & Athletics Administration	38	38
Fall 2016	SRM:3800:0EXW	Sport Law for Interscholastic AD	30	28

## Innovations in Teaching

### *Design & Implementation of New Course*

- November 2019 – **Interscholastic Athletic Administration Field Experience**, Developed a specific internship for students in the A.D. Certificate. Coordinated with students in obtaining a field experience with a current high school Activities Director. Course content was designed specifically for students who are exploring opportunities in high school athletics and activities. Prior to the revision, A.D. Certificate internship students were taking the regular Sport and Recreation Management Program independent field experience course.
- January 2020
- June 2016 – **Activities & Athletics Administration**, developed this new program course to meet the requirements of the Iowa Department of Education and the *Board of Educational Examiners*. Students who complete the A.D. Certificate in the Sport and Recreation Management Program may apply for the A.D. Authorization from the BoEE when all course work has been completed.
- August 2016

### *Revisions in Existing Courses*

- June 2024 - **Sport Law for the Interscholastic AD**, redesign of the course to include content needed to meet updated Iowa Department of Education and Iowa Board of Educational Examiners requirements to meet A.D. Certificate/Authorization requirements. This course was initially developed by Dr. Michael Teague and Professor Daniel Matheson for the first year, 2016, that the A.D. Certificate was implemented in the Sport and Recreation Management Program. New textbook implemented *PowerPoint* lectures were recorded. New quizzes and exams were created.
- present
- June 2023 – **Activities & Athletics Administration**, created new *PowerPoint* lectures for online course and developed new assignments, quizzes, and exams.
- August 2023
- June 2020 – **Managerial Operations in Sport and Recreation**, revised the online course. Content was designed to match the revised in-person course. All new *PowerPoint* video lectures were updated.
- August 2020
- April 2020 – **Managerial Operations in Sport and Recreation**, revised this in-person course with new *PowerPoint* lectures. Developed new assignments along with new quizzes and exams.
- August 2020
- November 2018 – **Finance in Sport and Recreation**, in collaboration with Dr. Clint Huntrods, redesigned the course. The course homepage with all content was updated. All new modules were developed along with new assignments, quizzes, and exams. This online course needed all *PowerPoint* lectures to be redone. Dr. Huntrods and I shared this responsibility with each of us making half of the lectures.
- January 2019
- February 2017 – **Sport Law for Interscholastic AD**, redesigned this course to meet Iowa Department of Education and the *Board of Education Examiners* requirements for our A.D. Certificate students. Students who complete the A.D. Certificate in the Sport and Recreation Management Program may apply for the A.D. Authorization from the BoEE when all course work has been met.
- August 2017

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## SERVICE

### Profession

- 2023 – Present IHSADA New Activities Director Mentorship Program, NE District, assist district mentor leaders with contacting newly hired AD's.
- 2022 – Present Assistant Activities Director, Cedar Rapids Xavier High School, consulting and assisting AD with vision, leadership, and daily operations of the activities program.
- 2018 – Present Iowa Girls High School Athletic Union State Golf Tournament Director, operations manager for one site, two-day tournament.
- 2017 – Present Iowa High School Athletic Association and Iowa Girls High School Athletic Union Student Field Trip, annual visit to both organizations' offices. Students tour facilities, meet with IHSAA/IGHSAU personnel to learn about the roles and responsibilities of each governing body, and engage in "hand-on" learning activities. The field trip is vital to enhancing the relationship between the SRM Program and industry leaders in state cocurricular activities.
- 2017 – Present Iowa High School Athletic Directors Association, Executive Committee, non-voting member,

assisting the organization with professional development and advice. Developed a partnership between the SRM Program and the IHSADA annual state convention. SRM is a major donor for the conference. Interscholastic A.D. Certificate students assist for three days with conference operations and logistics under my supervision.

- 2017 – 2019 Great Cedar Rapids Open Professional Golf Tournament, Committee Member  
 2013 – 2016 IHSAA/IGHSAU Joint Bowling Advisory Committee, Chair, met annually with coaches on committee representing all district of the state. Committee made recommendations for rules, policies, and post season changes and updates.

## Department

- 2024 – Present SRM Hiring Committee, Chair, leading a four-person committee for the upcoming hiring of a new SRM instructor. Collaborating with CLAS HR and all other college entities in the advertising, interviewing, and hiring process.
- 2022-2024 SRM Strategic Plan, Co-Chair, worked with co-chair Dan Matheson and committee to revise the SRM Strategic Plan. Eighteen-month process collaborating with committee members to update and implement a new three-year plan.
- 2021 HHP Instructor Evaluator for Adjunct Faculty  
 2019 – Present SRM Advisory Board, Member, we meet via *Zoom* four to six times a year with SRM alumni and supporters to strengthen our program. Alumni members are put into contact with current students to become mentors. Committee also assist with planning of the annual SRM Symposium.
- 2019 – Present Interscholastic Athletics/Activities Director Certificate Advisor, I assist students with planning course schedules, assist with internship site plans, and offer guidance with the Iowa Board of Educational Examiners licensure authorization. I met biannually with the Director of the BoEE to ensure SRM certificate students are following state requirements.
- 2018 – Present SRM Development Committee, Member, serve on committee to collaborate with UI Center for Advancement and develop strategies to increase financial support for SRM Program. Support and assist with SRM student scholarship allocations.
- 2018 – Present SRM Admitted Student Day, Volunteer, assist three to six time a year with students and parents who are interested in learning about the SRM Program.
- 2018 – 2019 HHP Course Review Committee, Member, reviewed curriculum of courses and made updates as needed.
- 2018 - 2019 You@UI, Volunteer
- 2017 – Present SRM Hiring Committee, Member
- 2017 – 2023 Hawkeye Visit Day, Majors Fair, Volunteer, assisted with one other SRM instructor two to three times a year at the Iowa Memorial Union. Met with prospective students and parents to answer questions about the SRM Program.
- 2017 – Present SRM Marketing Committee, Member
- 2016 – 2020 SRM New Instructor Guide Committee, Member, assisted with the development of policies and procedures to assist new instructors. Goal was to ensure new hires had the tools necessary for a successful first year of teaching.
- 2016 – 2019 SRM Marketing Committee, Member

## Community

- 2010 - Present St. Elizabeth Ann Seton Church, Usher, Volunteer  
 2017 - 2019 Great Cedar Rapids Open, Golf Committee, Volunteer  
 2009 - 2018 St. Elizabeth Ann Seton Church, Hospitality, Volunteer  
 2007 - 2011 St. Elizabeth Ann Seton Church, Christmas Baskets, Volunteer

## Media Contributions

- 2019 Cedar Rapids Gazette, *Support booster clubs, high school athletics*, 2-1-2019  
 2018 Cedar Rapids Gazette, *Fans need to remember officials are “real people” too*, 3-14-2018  
 2018 Cedar Rapids Gazette, *Let school districts decide coaching contact rules*, 1-21-2018

2017  
1998 - 2017

Cedar Rapids Gazette, *Non-teachers learning to be activities directors*, 12-26-2017  
KMRY Radio, color commentator for high school football games

### Professional Development Activities

- 2024 IHSADA State Convention Speaker, *Post Convention Survival Tips*
- 1994 - 2024 Conference Attendance, State of Iowa A.D. Conference, IHSADA
- 2023 **Sports Nutrition** course, National Federation of High Schools
- 2023 **Concussion in Sports** course, National Federation of High Schools
- 2022 **LTC 707 Assessment of Interscholastic Athletic Programs for Interscholastic Athletic Personnel**, National Interscholastic Athletic Administrators Association
- 2022 **LTC 723 Administration of Professional Growth Programs for Interscholastic Athletic Personnel**, National Interscholastic Athletic Administrators Association
- 2022 **LTC 502 Strategies for Organization Management**, National Interscholastic Athletic Administrators Association
- 2022 **LTC 503 Enhancing Organization Management**, National Interscholastic Athletic Administrators Association
- 2022 **LTC 504 Legal Issues, Liability for Sports Injuries & Risk Management**, National Interscholastic Athletic Administrators Association
- 2021 Dependent Adult Abuse Mandatory Reporter Training Course, AEA Learning Online
- 2021 Child Abuse Mandatory Reporter Training Course, AEA Learning Online
- 2021 Overview of State Requirements Regarding Seclusion and Restraint: Chapter 103, AEA Learning Online
- 2020 **Afterschool Security** course, National Federation of High Schools
- 2020 **Bullying, Hazing and Inappropriate Behaviors** course, National Federation of High Schools
- 2020 **Social Media** course, National Federation of High Schools
- 2019 **LTC 790 Leadership Training Instructional Methods and Techniques**, National Interscholastic Athletic Administrators Association
- 2019 **Heat Illness Prevention** course, National Federation of High Schools
- 2018 **LTC 501 Guiding Foundations and Philosophies**, National Interscholastic Athletic Administrators Association
- 2017 Conference Attendance, National Interscholastic A.D. Conference, NIAAA/NFHS
- 2015 **Level III Evaluator Approval Training: Assessing Academic Rigor**, School Administrators of Iowa. Certificate allows holder to evaluate Iowa teachers K-12.
- 2015 **CPR/AED & First Aid/BBP**, International Occupational Health & Safety Association
- 2014 **LTC 506 Legal Issues II Title IX, Sexual Harassment**, National Interscholastic Athletic Administrators Association.
- 2014 **LTC 508 Legal Issues III, Hazing, Constitutional Law, Disabilities, Employment/Labor Laws**, National Interscholastic Athletic Administrators Association.
- 2010 **LTC 506 Legal Issues II Title IX, Sexual Harassment, ADA & Employment Law**, National Interscholastic Athletic Administrators Association.
- 2010 **LTC 508 Legal Issues III**, National Interscholastic Athletic Administrators Association
- 2009 **Level II Evaluator Approval Training: Evaluation of Teachers**, School Administrators of Iowa. Certification allows holder to evaluate Iowa teachers K-12.
- 2008 **LTC 504 Legal Issues I Risk Management**, National Interscholastic Athletic Administrators Association
- 2004 **Evaluator Training**, School Administrators of Iowa. Certification allows holder to evaluate Iowa teachers K-12.



